# Where to Get More Information

Here is a small selection of organizations and printed materials that can provide useful information about blindness and young children. We have tried to list organizations and materials covering as many of the topics in this book as possible, and to include groups working in all areas of the world. Many of the printed materials are easy to adapt and often include other helpful resource lists.

# **ORGANIZATIONS**

#### **Blind Babies Foundation**

5016 Mission Street San Francisco, California 94112, USA

phone: (1) 415-586-6140 fax: (1) 415-586-6279 e-mail: bbfinfo@blindbabie

e-mail: bbfinfo@blindbabies.org http://www.blindbabies.org

Source of materials and publications, videos, and fact sheets for families with infants and young children who are blind.

# Christoffel Blindenmission International (CBMI)

 $Nibelung enstrasse\ 124,\ D\text{-}64625$ 

Bensheim, Germany

phone: (49) 6251-131-0; fax: (49) 6251-131-165

e-mail: overseas@cbm-i.org http://www.cbmi.org

Operates eye units, mobile eye-care services, village health centers, schools, and training institutions in 94 countries.

#### **Helen Keller International**

USA: 90 West Street, 2<sup>nd</sup> floor New York, New York 10006, USA phone: (1) 212-766-5266

Africa: P.O. Box 11728, Niamey, Niger

e-mail: hkiniger@intnet.ne phone: (227) 75-33-14 *Asia:* Jl. Bungur Dalam 23A Kemang, Jakarta 12730, Indonesia

phone: (62) 21-719-8147

Trains local partners in developing community gardening projects to grow vegetables and fruits to prevent blindness.

# Hilton/Perkins Program

Perkins School for the Blind

175 N. Beacon St.

Watertown, Massachusetts 02472, USA

phone: (1) 617-972-7220; fax: (1) 617-923-8076

e-mail: collinsm@perkins.pvt.k12.ma.us

Provides technical assistance and support for the development of programs for multi-handicapped blind and deaf-blind children in developing countries.

## **Lighthouse International**

111 East 59 Street

New York, New York 10022, USA phone in the USA: 800-829-0500 phone outside the USA: (1) 212-821-9200

fax: 212-821-9707

e-mail: info@lighthouse.org http://www.lighthouse.org

Many useful on-line English language publications.

# National Association for the Blind (NAB)

11 Khan Abdul Gaffar Khan Road Worli Sea Face, Mumbai 400 025, India

phone: (91) 22-493-6930

http://www.commercenetindia.com/nab/ Branches in 18 States and 64 Districts in India, providing education, rehabilitation, training, and residential programs.

#### **PLAN International**

Chobham House Christchurch Way, Woking Surrey GU21 1JG, UK phone: (44) 1483-755155

fax: (44) 1483-756505

Works directly with communities and families in 40 countries, providing material aid and services. PLAN's child sponsorship program supports about 1 million children.

#### **Royal National Institute for the Blind (RNIB)**

224 Great Portland Street London W1N 6AA, UK phone: (44) 020-7388-1266 fax: (44) 020-7388-2034 e-mail: helpline@rnib.org.ul

e-mail: helpline@rnib.org.uk http://www.rnib.org.uk

Many on-line publications and useful links. The RNIB also produces an international database with detailed information about agencies for people who are blind:

http://www.tiresias.org/agencies/agencies\_a.htm

#### Sight Savers International

Grosvenor Hall, Bolnore Road, Haywards Heath West Sussex RH16 4BX, UK

phone: (44) 4-446600 fax: (44) 4-446685

e-mail: scastle@sightsaversint.org.uk http://www.sightsavers.org.uk

Works with local partners in 25 countries, providing eye care, cataract surgery, education, and training.

#### **World Blind Union**

ONCE - La Coruña, 18 28020 Madrid, Spain

phone: (34-1) 571-36-85; fax: (34-1) 571-57-77 e-mail: umc@once.es; http://umc.once.es Has member organizations in most countries, with programs in rehabilitation, education, training, health care, and income generation.

# PRINTED MATERIALS

# An Orientation and Mobility Primer for Families and Young Children

Dodson-Burke, Bonnie, and Hill, Everett W. American Foundation for the Blind P.O. Box 1020 Sewickley, Pennsylvania 15143 USA phone in USA: 800-232-3044 phone outside the USA: (1) 412-741-0609

fax: (1) 412-741-0609

# **Blindness and Early Childhood** Development

Warren, David H. American Foundation for the Blind (see address above)

# Children With Visual Impairments: A parents' guide

Woodbine House, Inc. 6510 Bells Mill Rd. Bethesda, Maryland 20817, USA This book provides parents with guidance and support in caring for their child with a visual impairment. It covers such topics as diagnosis and treatment, family adjustment, child development, early intervention and special education, mobility and orientation, multiple disabilities, and thinking about the future.

Holbrook, M. Cay, editor (395 pages, 1995)

#### **Dancing Cheek to Cheek**

Meyers, Laura, and Lansky, Pamela (33 pages, 1991) Blind Childrens Center P.O. Box 29159 4120 Marathon St. Los Angeles, California 90029, USA phone in USA: 800-222-3566; phone outside USA: (1) 323-664-2153 fax: (1) 323-655-3828 e-mail: info@blindchildrenscenter.org Explores nurturing strategies for fostering early social interactions, language development, and play.

# Disabled Village Children: A guide for community health workers, rehabilitation workers, and families

Werner, David (654 pages, 1999) The Hesperian Foundation 1919 Addison St., Suite 304 Berkeley, California 94704, USA phone in USA: 888-729-1796 phone outside the USA: (1) 510-845-4507 fax: (1) 510-845-0539 e-mail: bookorders@hesperian.org

http://www.hesperian.org

#### Early Years, a Series

Royal National Institute for the Blind American Foundation for the Blind (see address above)

These booklets provide important information on caring for children who are visually impaired from birth to age 10 years. The booklets include information about medical terms and health professionals, caregiving advice, information for educational professionals working with children who are visually impaired, play and the visually impaired child, information on the importance of mobility education.

#### Fathers: A Common Ground

Armenta-Schmitt, Fernanda (50 pages, 1998) Blind Childrens Center (see address above) Investigates the role that fathers play and the concerns of fathers in raising children who are visually impaired.

# First Steps: A handbook for teaching young children who are visually impaired

Blind Childrens Center (see address above) 203 pages, 1993

Written in easy to understand language, this handbook is for both parents and professionals who care for children with vision problems. Strategies for teaching are also explored.

# Get a Wiggle On: A guide for helping visually impaired children grow

Raynor, Sherry & Drouillard, Richard (80 pages, 1996) Blind Children's Fund 4740 Okemos Road Okemos, Michigan 48864-1637, USA phone: (1) 517-347-1357 fax: (1) 517-347-1459

e-mail: blindchfnd@aol.com

One of the most useful and parent-friendly books on early intervention.

## **Guidelines and Games for Teaching Efficient Braille Reading**

Olson, M.R. and Mangold, S. (1981) American Foundation for the Blind (see address above)

Written primarily for teachers, but has valuable information for parents. Includes preschool activities that provide a foundation for reading in Braille.

#### How to Raise a Blind Child

Fichtner, Dorothea (64 pages, 1979) Christoffel Blindenmission, Nibelungenstrasse 124 D-6140 Bensheim 4, Germany

# How to Thrive, Not Just Survive: A guide to independent skills for blind and visually impaired children and youth

Swallow, R. and Huebner, K.M. (1987) American Foundation for the Blind (see address above)

This book was written for parents and focuses on teaching practical skills to children with vision problems.

# Learning Together: A parent guide to socially based routines for visually impaired infants

Chen, Deborah, Friedman, Clare T., and Calvello, Gail (44 pages, 1990) American Printing House for the Blind P.O. Box 6085 Louisville, Kentucky 40206-0085, USA phone in the USA: 800-223-1839 phone outside the USA: (1) 502-895-2405 e-mail: aph@iglou.com

# Learning to Play: Common concerns for the visually impaired preschool child

Recchia, Susan (12 pages, 1987) Blind Childrens Center (see address above) Presents play activities for pre-school children who are visually impaired.

# Lessons With a Child Who Is Blind: Development and early intervention in the first years of life

Brambring, Michael (147 pages, 1993) Blind Children's Fund (see address above)

This tells the story of a family's experiences raising a daughter who is blind and the support they received from an early intervention professional. Letters between the family and the professional document the child's development.

#### Move It!

Latham, M.D. (1977) Blind Childrens Fund (see address above) An excellent follow-up to "Get a Wiggle On," this booklet contains more helpful hints for parents.

#### Move With Me

Hug, Doris; Chernus-Mansfield, Nancy, and Hayashi, Dori (12 pages, 1987) Blind Childrens Center (see address above) How to foster the development of movement in babies who are visually impaired.

# Reaching, Crawling, Walking...Let's Get Moving

Simmons, Susan, and O'Maida, Sharon (24 pages, 1993) Blind Childrens Center (see address above) Strategies for supporting mobility and fostering orientation in preschool children who are visually impaired.

## Parenting Preschoolers: Suggestions for raising young blind and visually impaired children

Ferrell, Kay Alicyn (28 pages, 1984) American Foundation for the Blind (see address above)

This book gives practical advice about caring for children who are visually impaired and provides answers to commonly asked questions. Ideas on how to adapt a child's environment to meet her needs and how to choose an early education program are also included.

# Reach Out and Teach: Meeting the training needs of parents of visually and multiply handicapped young children

Ferrell, Kay Alicyn (176 pages, 1985) American Foundation for the Blind (see address above)

This book gives parents strategies to encourage their child's motor and cognitive development. A workbook gives parents a way to record information about their child's responses and development.

# Show Me How: A manual for parents of preschool visually impaired and blind children

Brennan, Mary (56 pages, 1982) American Foundation for the Blind (see address above)

This book provides parents and professionals with strategies for helping visually impaired pre-school children reach age-appropriate goals, foster social relationships, improve motor skills and sensory awareness, and learn skills for daily living.

#### Standing On My Own Two Feet

La Prelle, Lori Lynne (36 pages, 1996) Blind Childrens Center (see address above)

A guide to simple construction of mobility devices for pre-school children who are visually impaired. Devices can be easily adapted to an individual's needs.

# Talk to Me: A language guide for parents of blind children

Kekelis, Lee, and Chernus-Mansfield, Nancy (36 pages, 1996) Blind Childrens Center (see address above) Practical strategies for communication with a child who has vision problems.